Sendero IdealCare Gold 1801 / Free Wellness & Preventive Screening + Free Dedicated Healthcare Team + 24/7 Virtual MD Visits + No Pre-existing Condition Restrictions Medical-Surgical and Behavioral Health/Substance Abuse Disorder Schedule of Coverage

The following information summarizes the benefits described in your Evidence of Coverage. It is important that you carefully read it so you are aware of plan requirements, provisions, limitations, and exclusions.

This Schedule of Coverage is not a Medicare Supplement. If you are eligible for Medicare, review the Guide to Health Insurance for People with Medicare available from the company.

Note: This Consumer Choice Health Benefit Plan does not include all state mandated health insurance benefits. Some benefits are provided at a reduced level from what is mandated. Reduced benefits are indicated in the chart below and in the separate Benefit Disclosure Form.

Overall Payment Provisions	In-Network Benefits	Out-of-Network Benefits
Calendar Year Deductibles	\$2,000.00 Individual / \$4,000.00 Family	
(applies to all Eligible Expenses	(Out-of-Network Services are Excluded unless they are	
including Pharmacy)	approved by the Plan or are Emergency Services)	
Out-of-Pocket Limits (applies to	\$8,700.00 Individual / \$17,400.00 Family	
all Eligible Expenses including	(Out-of-Network Services are Excluded unless they are	
Pharmacy	approved by the Plan or are Emergency Services)	
Maximum Lifetime Benefits – per	_	nlimited
participant		are Excluded unless they are
	approved by the Plan	or are Emergency Services)
Primary Care Visit to Treat an	100% of Allowed Amount	No coverage for Out-of-Network
injury or illness	after a \$30.00 Copayment	Services
	per Visit	
	100% of Allowed Amount	
Specialist office visit/consultation	after a \$60.00 Copayment	No coverage for Out-of-Network
Opecialist office visit/consultation	per Visit	Services
	por viole	
Other Practitioner Office Visit	30% of Allowable Amount	No severege for Out of Network
	after Calendar Year	No coverage for Out-of-Network Services
(Nurse, Physician Assistant)	Deductible	Services
Outpatient Facility fee (e.g,	25% of Allowable Amount	No coverage for Out-of-Network
Ambulatory Surgery Center)	after Calendar Year	Services
7 tilibulatory Gargery Genter)	Deductible	OCI VICCS
Outpatient Surgery	25% of Allowable Amount	No coverage for Out-of-Network
Physician/Surgical services	after Calendar Year	Services
1 Tryololari, Cargical Corvioco	Deductible	00111000
	20% of Allowable Amount	No coverage for Out-of-Network
Hospice	after Calendar Year	Services
	Deductible	23111333
	100% of Allowed Amount	No coverage for Out-of-Network
Urgent Care Centers or Facilities	after a \$45.00 Copayment	Services
	per Visit	

Home Health Care Services		
Limited to 60 visits per year.	100% of Allowed Amount	No coverage for Out-of-Network Services
Emergency Room Services	25% of Allowable Amount after Calendar Year Deductible per Visit	25% of Allowable Amount after Calendar Year Deductible per Visit
Emergency Medical Transportation/Ambulance	25% of Allowable Amount after Calendar Year Deductible per Transportation	25% of Allowable Amount after Calendar Year Deductible per Transportation
Inpatient Hospital Services (Hospital Stay) – All usual Hospital services and supplies, including semiprivate room, intensive care, and coronary care units.	25% of Allowable Amount after Calendar Year Deductible per Stay	No coverage for Out-of-Network Services
Inpatient Physician and Surgical Services	35% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services
Skilled Nursing Facility Limited to 25 visits per year.	25% of Allowable Amount after Calendar Year Deductible per Stay	No coverage for Out-of-Network Services
Prenatal and Postnatal Care	30% of Allowable Amount after Calendar Year Deductible for the initial Prenatal Visit	No coverage for Out-of-Network Services
Childbirth/Delivery Professional Services	35% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services
Delivery and All Inpatient Services for Maternity Care	35% of Allowable Amount after Calendar Year Deductible per Delivery	No coverage for Out-of-Network Services
Mental/Behavioral Health Care Outpatient Services*	100% of Allowed Amount after a \$30.00 Copayment	No coverage for Out-of-Network Services
Mental/Behavioral Health Care Inpatient Hospital Services*	25% of Allowable Amount after Calendar Year Deductible per Stay	No coverage for Out-of-Network Services
Substance Abuse Disorder Outpatient Services*	100% of Allowed Amount after a \$30.00 Copayment	No coverage for Out-of-Network Services
Substance Abuse Disorder Inpatient Services*	25% of Allowable Amount after Calendar Year Deductible per Stay	No coverage for Out-of-Network Services
Outpatient Rehabilitation	100% of Allowed Amount after a \$35.00 Copayment per Visit	No coverage for Out-of-Network Services
Habilitation Services	30% of Allowable Amount after Calendar Year Deductible per Visit	No coverage for Out-of-Network Services

Chiropractic Services Limited to 35 visits per year	100% of Allowed Amount after a \$35.00 Copayment per Visit	No coverage for Out-of-Network Services
Durable Medical Equipment	20% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services
Hearing Aids for Adults (1 per ear every 3 years)	20% of Allowable Amount after Calendar Year Deductible per Hearing Aid	No coverage for Out-of-Network Services
Hearing Aid or Cochlear Implant, related services, and supplies, if medically necessary for all covered individuals including individuals who are 18 years of age or younger. Please contact Sendero Customer Service Department at 1-844-800-4693 to obtain the cost of hearing aid or cochlear implant.	20% of Allowable Amount after Calendar Year Deductible per Hearing Aid or Cochlear Implant	No coverage for Out-of-Network Services
Imaging (CT/PET scans, MRIs)	25% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services
Preventative Care/Screening/Immunization	100% of Allowed Amount	No coverage for Out-of-Network Services
Annual Well Woman Exam – including detection of human papillomavirus, cervical cancer and ovarian cancer screening for woman age 18 and over. This includes any other test or screening approved by the United States Food and Drug Administration for the detection of human papillomavirus and ovarian cancer.	100% of Allowed Amount	No coverage for Out-of-Network Services
Annual screening by low-dose mammography for the presence of occult breast cancer for female participants age 35 and over – Outpatient facility or imaging center and Physician component	100% of Allowed Amount	No coverage for Out-of-Network Services
Bone Mass measurement for the detection of low bone mass to determine risk of osteoporosis and fractures associated with osteoporosis for qualified individuals	100% of Allowed Amount	No coverage for Out-of-Network Services
Routine annual prostate cancer detection exam, including a	100% of Allowed Amount	No coverage for Out-of-Network Services

Prostate Specific Antigen test (PSA) for a male Covered Person age 40 or older.		
Routine Foot Care	Not covered	Not covered
Routine Eye Exam for Children (1 per year)	20% of Allowable Amount after Calendar Year Deductible per Visit	No coverage for Out-of-Network Services
Eye Glasses for Children (1 set of frames with lenses or contract lenses per year)	20% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services
Dental Check-Up for Children	20% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services
Rehabilitative Speech Therapy	100% of Allowed Amount after a \$30.00 Copayment per Visit	No coverage for Out-of-Network Services
Rehabilitative Occupational and Rehabilitative Physical Therapy	100% of Allowed Amount after a \$30.00 Copayment per Visit	No coverage for Out-of-Network Services
Well Baby Visits and Care	100% of Allowed Amount	No coverage for Out-of-Network Services
Laboratory Outpatient and Professional Services	25% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services
The administration of whole blood including cost of blood, blood plasma, and blood plasma expanders are covered services	25% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services
X-rays and Diagnostic Imaging	25% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services
Basic Dental-Children	20% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services
Orthodontia-Children	20% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services
Major Dental Care- Children	20% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services
Transplant	20% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services
Accidental Dental	20% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services
Dialysis	20% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services

Allergy Testing	20% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services
Chemotherapy	20% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services
Radiation	20% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services
Diabetes Education	20% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services
Prosthetic Devices	20% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services
Infusion Therapy	20% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services
Treatment for Temporomandibular Joint Disorders	20% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services
Nutritional Counseling	Not covered, with the exception of Nutritional Counseling for Diabetes	Not covered
Reconstructive Surgery	20% of Allowable Amount	No coverage for Out-of-Network Services
Mammography	100% of Allowed Amount after a \$250.00 Copayment after Calendar Year Deductible	No coverage for Out-of-Network Services
Cardiovascular Disease	20% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services
Osteoporosis	20% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services
Diabetes Care Management	20% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services
Inherited Metabolic Disorder (PKU)	20% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services
Post-Mastectomy Care	20% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services
Brain Injury	20% of Allowable Amount after Calendar Year Deductible	No coverage for Out-of-Network Services

	20% of Allowable Amount	No coverage for Out-of-Network
Transplant Donor Coverage	after Calendar Year	Services
	Deductible	
	30% of Allowable Amount	No coverage for Out-of-Network
Autism Spectrum Disorders	after Calendar Year	Services
-	Deductible	

^{*}Sendero Health Plans (Sendero) will provide benefits and coverage for mental health conditions and substance use disorders under the same terms and conditions applicable to the plan's medical and surgical benefits and coverage. Sendero may not impose quantitative or non-quantitative treatment limitations on benefits for a mental health condition or substance use disorder that are generally more restrictive than quantitative or non-quantitative treatment limitations imposed on coverage of benefits for medical or surgical expenses.

Sendero will fully reimburse non-participating providers at the usual and customary rate or at the agreed-upon rate: when services are rendered to an enrollee by a non-network facility-based physician in a network facility, or in circumstances where an enrollee is not given the choice of a network physician or provider for emergency services performed in a non-network facility, and for prior authorized non-emergency services that are not available through an in-network provider. Sendero will not impose cost-sharing for such services that is greater than the cost-sharing requirement that would apply if such services had been provided in-network; and shall count such cost sharing toward any in-network deductible and out-of-pocket maximum.